

Challenging Behaviors: Filling your toolbox

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3 Contributing Factors to Behavioral Style

- Heredity: #1 contributing factor
- Role Model (up to age of 12)
- Experiences (after age of 8): most effective modifier of behavior is experiences. We are creatures of pleasure and will move towards pleasure and away from pain. Form habits through experiences that are pleasurable!

Who has to adjust and what are we adjusting?

- Are we alike or different?
- Do we work well together? Is there part of me that I have to adjust to be most successful?
- How do I accept and show love and care?
- How do we learn together? Where am I smart?
- Is my voice heard?
- What does the day's schedule look like?
- How is the environment set up? Am I taken into account?

Dominant, Driver, Risk-taker, Self Starter, Strong-willed Child:

- Tasks first – jobs done their way
- Active
- Lots of intensity/passion
- First, best, fastest: Competitive
- Preferential language
- Power struggles: No, stop, don't, can't, and wait
- Give them something to do
- Teach emotions (only happy, sad, mad, afraid)
- Too many words and they stop listening
- How can they be positive leaders?
- Independent: "I do it myself!"
- Don't need many friendships: will likely pick their opposite as a friend

Influencing, Inspiring, Talkative, Interesting, Impulsive Child:

- People first: Who's here today....that's what really matters
- Thrives on compliments: work WITH them for incentives. Most likely to work for them.
- Think verbally out loud: partner them up
- Highly social: doesn't matter where you move their seat!
- Active: "short thinker"
- Squirrels: Power of the pause
- Star of the show: there can only be one
- Positive sense of humor: use it often!
- Can be Disorganized: They call it multi-tasking

Stable, Steady Sensitive, Loyal, Patient, Trustworthy Child:

- “Long thinker”: They need time to think it through
- People first....themselves LAST
- Reliable and dependable
- Compliant: watch out for overly compliant....never want 100% compliance
- Good listener
- Empathetic
- Works to keep the peace, mediates problems
- Resists change and isn't a fan of surprises: likes the status quo
- Internalizes emotions/feelings
- Avoids conflicts/confrontation
- Listen carefully!

Compliant, Cautious, Correct, Analytical, Careful, Precise, Perfectionistic Child:

- “Long thinker” and they like to finish what they start
- Tasks first
- Teach social skills like you would teach academics
- Social curriculum/social stories
- Flexibility of thought: start slow
- Perfection can get in the way
- Academically intelligent
- Likes to be alone
- Even tempered
- Systematic
- Fact-finder
- Artistic/musically gifted