

Love vs. Fear When Diving Into Behavior Strategies

Presented by Megg Thompson M.Ed. ECMPWTPCF

Certified Behavioral Consultant

Certified Life Coach working with children, adults and families

Founder and Filler of The eMpTy Toolbox

meggthompson.com

megg@meggthompson.com

603-706-3288

Youtube: Megg Thompson

Facebook: Megg Thompson and The Empty Toolbox

Instagram: [meggthompson14](https://www.instagram.com/meggthompson14)

Infants are born with 2 emotions

- LOVE
- FEAR
- And from those comes happy, sad, mad and afraid (6)
- Then surprise and disgust (8)
- Then mixed emotions (12)

Challenging Behavior

- 98% of the time a challenging behavior is due to a lack of skill or an unmet need
 - Teach a skill
 - Meet a need
 - Then we must use our 2 best friends of time and patience

No More Traditional Behavior Strategies

- Ignore behavior
- Sticker charts/token systems/rewards/marble jar
- Clip down systems
- Time-outs
- Take away recess
- Taking away preferred activities

Where do I find my strategies?

Support Plans

Discipline

Differentiation of Instruction

Environments

Relationships

Who is this child?

Who am I?