

# Figuring out Challenging Behaviors Through Temperament

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# 3 Contributing Factors to Behavioral Style

- Heredity: #1 contributing factor
- Role Model (up to age of 12)
- Experiences ( after age of 8): most effective modifier of behavior is experiences. We are creatures of pleasure and will move towards pleasure and away from pain. Form habits through experiences that are pleasurable!

# Who has to adjust and what are we adjusting?

- Are we alike or different?
- Do we work well together? Is there part of me that I have to adjust to be most successful?
- How do I accept and show love and care?
- How do we learn together? Where am I smart?
- Is my voice heard?
- What does the day's schedule look like?
- How is the environment set up? Am I taken into account?

# Dominant, Driver, Risk-taker, Self Starter, Strong-willed Child: Greatest fear is being taken advantage of!

- Tasks first – jobs done their way
- Active
- Lots of intensity/passion
- First, best, fastest: “short thinker”
- Power struggles: No, stop, don’t, can’t, and wait
- Give them something to do
- Use less emotion and then teach emotions
- Too many words and they stop listening
- How can they be positive leaders?
- Independent: “I do it myself!”
- High ego strength
- Don’t need many friendships: will likely pick their opposite as a friend

# Influencing, Inspiring, Talkative, Interesting, Impulsive Child: Greatest fear is rejection/loss of social approval!

- People first
- Thrives on compliments
- Likes incentives
- Think verbally out loud
- Highly social and persuasive
- Active: “short thinker”
- Squirrels: Power of the pause
- Work best in groups
- Star of the show
- Positive sense of humor
- Egocentric
- Can be Disorganized

# Stable, Steady Sensitive, Loyal, Patient, Trustworthy Child: Greatest fear is loss of security/confrontation!

- “Long thinker”
- People first
- Reliable and dependable
- Compliant: watch out for overly compliant....
- Good listener
- Empathetic
- Works to keep the peace, mediates problems
- Resists change and isn't a fan of surprises
- Hides emotions
- Avoids conflicts/confrontation
- Quiet but witty

# Compliant, Correct, Analytical, Careful, Precise Child: Greatest fear is criticism!

- “Long thinker”
- Tasks first
- Teach social skills like you would teach academics
- Social curriculum/social stories
- Flexibility of thought: start slow
- Perfection can get in the way
- Academically intelligent
- Likes to be alone
- Even tempered
- Systematic
- Fact-finder
- Artistic/musically gifted